



# Women's Shadow Work® Weekend

Embracing, Honoring and Transforming our Shadow Energy

September 19-21, 2014

Houston, Texas - Fri 6:30pm-10pm \* Sat 9am-6pm \* Sun 9am-3:30 pm

*Darkness cannot be driven out by darkness; only light can do that.* Dr. Martin Luther King

## Shadow Work®

*offers an opportunity to look at four archetypal energies that we each carry within. We learn how to use these energies in our lives with intention and focus; to fulfill our purpose and manifest our dreams.*

**Lover Energy** allows us to access our emotions, connect with others and pay attention to the wisdom of our body.

**Warrior Energy** teaches us to set boundaries and protect ourselves. This is an important energy to use to access our power.

**Magician Energy** guides us in transforming our perspective and using our intuition and intellect in productive and powerful ways.

**Sovereign Energy** clarifies our passions and visions while supporting us in pursuing these dreams for ourselves, as well as blessings others.

**Shadow Work®** is a personal growth process which brings awareness to the hidden aspects of ourselves, empowering us to use our energy as we choose, with intention and clarity. We bring light to those parts we hide, repress and deny, even our gifts and magnificence. In Shadow Work® we explore the inner landscape and discover the gifts available in our shadow. During this weekend, you're invited to participate in a variety of processes, creative expressions and meditations to assist you in connecting with your GOLD!

## COST

**\$350.00 early registration**

**\$400.00 after Sept 5th**

Please return this section with deposit or full payment to:

**Rhonda Gaughan**

**42357 Richard Waguespack Rd.**

**Gonzales, LA 70737**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

Home Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_

Receive a \$50 discount when paid in full by Sept 5. A \$100 nonrefundable deposit holds your space. To pay online go to <http://www.truensight.com/shadowwork> or [www.blessingsfrommary.com](http://www.blessingsfrommary.com)



**Sally**

Sally Bartolameolli is a published author, healer and teacher; committed to inspiring people to embrace their own Divinity within. She is offering e-courses, coaching and promoting her new book on Feminine Spirituality. Visit her websites: [www.cosexaddiction.com](http://www.cosexaddiction.com) and [www.blessingsfrommary.com](http://www.blessingsfrommary.com) Contact [salbart@mac.com](mailto:salbart@mac.com) or Call 713.906.9808



**Rhonda**

Rhonda Gaughan is a gifted facilitator and coach; passionate about healing and empowerment. She is a leader in Woman Within, a certified SW coach and partner with her husband, John, in business and couples coaching. Visit her website: [www.truensight.com](http://www.truensight.com). Email Rhonda at [rhonda.gaughan@me.com](mailto:rhonda.gaughan@me.com) or Call 713.533.9556.