

# WOMEN'S SHADOW WORK® WEEKEND

EMBRACING, HONORING, & TRANSFORMING OUR SHADOW ENERGY

February 22-24, 2019

If you don't have any shadows, you're not in the light

~Lady Gaga

**Shadow Work®** offers an opportunity to look at four archetypal energies that we each carry within. We learn how to use these energies in our lives with intention and focus in order to fulfill our purpose and manifest our dreams.

**Lover Energy** allows us to access our creativity, emotional intelligence, connect with others in a balanced way, and honor our body's wisdom.

**Warrior Energy** teaches us to set boundaries, take desired actions, and how to access our personal power and vitality.

**Magician Energy** guides us in seeing diverse perspective, teaches us how to use our intuition and intellect productively, and facilitates the transformation process.

**Sovereign Energy** clarifies our passions and visions while supporting us in pursuing these dreams for ourselves, as well as blessings and supporting others.

**Shadow Work®** brings light to those parts we hide, repress, and deny - even our gifts and magnificence. In Shadow Work®, we explore the inner landscape & discover gifts available in our shadow.

*"Our shadows & wounds, when embraced in love, become our greatest gifts and offerings to all."*

~ Sally Bartolameolli

## COST

*\$395 early registration*

*\$450 after Jan. 16th*

*Receive a \$55 discount if paid in full by January 16th.*

*A non-refundable deposit holds your space.*

*Pay online at either:*

[www.truensight.com/shadowwork](http://www.truensight.com/shadowwork)

or [www.sallybartolameolli.com](http://www.sallybartolameolli.com)

*Doors open Friday at 6PM*

*We begin promptly at 6:30 PM*

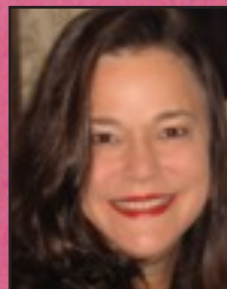
*Saturday from 9AM to 6PM*

*Sunday from 9AM to 4PM*

**Sally Bartolameolli, MEd**

is a published author, teacher, and coach committed to inspiring people to embrace their own Divinity within. She offers E-courses, coaching, and facilitates ancestral healing by way of our shadows, our unresolved grief, and soulful passions.

Visit her website at  
[www.sallybartolameolli.com](http://www.sallybartolameolli.com)



**Rhonda Gaughan**

is a gifted facilitator and coach who is passionate about healing and empowerment. She is a leader in Women Within, a certified SW coach and partner with her husband, John, in business and couples coaching.

Visit her website at  
[www.truensight.com](http://www.truensight.com)

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