

Introduction to Ancestral Weaving™ & Shadow Exploration

When we heal ourselves, we heal seven generations forward
& seven generations back. - Native American Saying

Ancestral Weaving™ is a personal growth process and an ancestral, soul healing practice in which we explore individual and ancestral shadows through five portals.

In this introduction you will:

- * Deepen your understanding and relationship with the four archetypes in Shadow Work®.
- * Explore individual shadows and the shadows of your lineage.
- * Explore the 5 portals of Ancestral Weaving™ to increase awareness, wisdom, blessings, vitality, and healthful boundaries.
- * Honor your inspiration and what gives you joy.
- * Recognize painful patterns as a thread to your lineage.
- * Develop awareness of your inheritance & unique ancestral tapestry.
- * Take with you at least one tool and practice of Ancestral Weaving™ and Shadow Exploration to release stuck energy and enhance vitality in your life.

And so much more...

Where: Spectrum Center
2060 North Loop West, # 205 Houston, TX 77018

When: Saturday, March 23, 2019

Time: 8:45am - 11:45am

Cost: Introduction only \$78
with E-Course: \$389 (optional)

Register & pay online www.sallybartolameolli.com

Call or email for more information 713-906-9808
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Sally Bartolameolli, M.Ed., is a Shadow Work® facilitator and coach, teacher, creator of Ancestral Weaving™ coaching techniques and author of *Relationships From Addiction to Authenticity* and *Blessings From Mary, Sacred Feminine Meditations inspired By Mary Magdalene*. For more information please visit www.sallybartolameolli.com. Her memoir, *For All My Relations* is coming soon.

Autumn Skye Morrison