



# SOVEREIGN

*Initiating yourself to the SOVEREIGN within through  
Ancestral Weaving™ and Shadow Exploration*

- 🌍 Learn your Shadow Type, including your Sovereign traits
- 🌍 Come face-to-face with the obstacles to embracing your Sovereign gifts
- 🌍 Learn the tools needed to access your Sovereign energy
- 🌍 Develop intimacy with your Sovereign Self
- 🌍 Claim your Sovereign vision for your relationships, business, projects, and life
- 🌍 Explore and heal ancestral Sovereign wounds in your lineage
- 🌍 Learn to receive and bestow your Sovereign blessing when desired

**When:** Saturday, June 29, 2019

**Where:** Spectrum Center @ The Preserve  
2060 North Loop West Ste. 205  
Houston, Texas 77018

**Time:** 12pm-4:30pm

**Registration on/before June 13th: \$145.00**

**Registration after June 13th: \$160.00**

*(Price includes the cost of administering and completing the Shadow Types survey. Snacks and drinks provided.)*

## Alan Fuqua



has been involved in personal growth and transformational work for over 35 years. He is a certified Shadow Work® facilitator and has worked extensively with Shadow Types. Alan is a skilled facilitator and his skills contribute to his successful career as an executive in a major corporation. He and Sally bring complimentary shadow type traits to create a powerful partnership and workshop facilitation team.

## Sally Bartolameoli, M.Ed.



has been involved in 12-step spirituality, bioenergetic healing, and trauma transformational work for over 30 years. She has developed several E-Courses related to emotional, physical, and spiritual intelligence. Sally is a certified Shadow Work® facilitator, and creator of Ancestral Weaving™ which heals the shadows of our lineage. She is passionate about writing and completing her third book.

